



# TEAM BUILDING

## Vivi la Fattoria

Team building “Vivi la Fattoria” takes its cue from the genuine daily round of dedicated staff who works within our company, and incorporates activities which might be defined as both experiential and at the same time recreational.

*Activities which permit participants to engage in exploits both physical and mental at first hand and which involve an intimate contact with nature, raw materials and animals.*

*Experiences beyond everyday routine and which, for this very reason, we define as “extra-ordinary”.*

*Experiential-style training that encourages you to appreciate situations outside standard or accustomed contexts.*

*A day which is inevitably educational in that you learn to take nothing for granted, to challenge yourself and others, and to engage in resolving problems in unanticipated circumstances. The end result will undoubtedly see the culmination of a series of intermediate challenges and harmonious teamwork.*



## GENERAL OBJECTIVES



- to improve individual and group performance
- to tackle unexpected situations and learn problem-solving strategies
- to improve the quality of interpersonal relationships by promoting a climate of trust
- to increase collaboration and motivation
- to become aware of one's personal abilities and personal resources
- to search for and achieve new goals through mutual support
- to make the most of and appreciate every individual's potential
- to improve leadership qualities
- to divide roles up according to personal strengths
- to discover hidden talents
- to really test both yourself and the integrity of the group
- to realise the potential of communication skills
- to take responsibility for your choices of action

***The proposed activities are feasible for small, medium and indeed large groups of up to 100 persons. Our proposition is based very much on the times which take into account the natural rhythm of our animals and the company itself but there can be flexibility on the basis of everyone's needs. Team building can also be supervised in English.***

***Cost: Euro 700,00 per module (VAT 22% escluded) with a maximum of 25 people. For participation above a group of 25, the cost is a further 25 euro per person***

## GENERAL PROGRAMME

**GO**

### Initial Briefing

- all participants to meet up in the gazebo area
- introduction to the day's agenda, clarification of the training objectives
- organisation of all entrants into teams at the jurisdiction of the host company or by drawing lots
- start of the day's activities

### Final Debriefing

- dialogue about the day itself, interpersonal exchanges
- announcement of the winners and distribution of prizes and certificates
- the day draws to an end

***Based on time available and the training objectives, there is a choice of different modules, and preferred activities can be selected and indeed "personalised" modules can be created (on request).***

***Each challenge may vary according to numbers involved, weather conditions and the availability of the company.***

***RECOMMENDED CLOTHING: track suit and sports shoes.***

## Awards

**PRIZES:** (included in the original cost)

**Each member of the team first in the classification will receive:** a 400gm piece of cheese from the farm dairy + a neckwarmer sporting the La Florida logo

**All members of the other teams:**

A neckwarmer sporting the La Florida logo

**CERTIFICATION** (included in the original cost)

On request it's possible to receive personalised certificates at the end of the day. But it's important to send your company logo to the Team Building contact person at least a week prior to the event.

## Classification

Our experienced staff will use evaluation tables incorporating scores for each challenge and the team which is judged to have best achieved the required training objectives on the day and thus obtained the best score will be declared the winner.



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# The dairy challenge



**WHERE:** indoor



**DURATION:** approx 2 hours.



**GENERAL INFO:** *the Dairy challenge is a technical test, requiring organisational skills, the capacity to delegate roles, good management of the allotted time and aims to promote improved coordination within the team.*

## BUTTER PRODUCTION

**WHERE AND WHEN:** indoor, throughout the year, in case of poor weather conditions

**TRAINING OBJECTIVES:** delegation of roles, problem solving, collaboration with a view to discovering the best strategy

**DEVELOPMENT:** by arranging the allocated instructions in the correct order, each team will have at their disposal the cream which is to be turned into butter.

## CHEESE PRODUCTION

**WHERE AND WHEN:** indoor, throughout the year, in case of poor weather conditions

**TRAINING OBJECTIVES:** delegation of roles, problem solving, good management of the allotted time, making the best use of resources, and to improve organisational capacities

**DEVELOPMENT:** by arranging the allocated instructions in the correct order, each team has to transform two litres of milk into a form of Primo Sale fresh cheese

## CHEESE TASTING

**WHERE AND WHEN:** indoor, throughout the year, in case of poor weather conditions

**TRAINING OBJECTIVES:** counterbalancing any shortcomings, increasing understanding by sharing opinions, interpersonal discussion in order to achieve a goal

**DEVELOPMENT:** the tasting involves sampling four different types of cheese. Teams have to discuss between themselves in order to identify how they differ. After taking into consideration what they have managed to establish, they will be invited to answer questions from the “Cheeseometer” who will then evaluate their knowledge of the subject.

# Cooking Class



**WHERE:** indoor



**DURATION:** approx 2 hours.



**GENERAL INFO:** *the cooking class is an activity which tests the management of resources and use of allotted time, encourages the implementation of strategies for problem-solving, the identification of a team leader and aims to improve work skills under pressure.*

## PREPARATION OF PIZZOCCHERI

**WHERE AND WHEN:** indoor, throughout the year, in case of poor weather conditions

**TRAINING OBJECTIVES:** management of allocated time, delegation of roles, collaboration, problem solving

**DEVELOPMENT:** each team will have at their disposal the very same equipment, a basket containing identical ingredients and the same recipe.  
The ultimate aim is to prepare a dish of pizzoccheri just like the one cooked by our very selves!

## FARMER'S TIRAMISU

**WHERE AND WHEN:** indoor, throughout the year, in case of poor weather conditions

**TRAINING OBJECTIVES:** management of allotted time, delegation of roles, collaboration, problem solving, development of creativity

**DEVELOPMENT:** each team have to prepare this classic dessert using ingredients at km0 from our company and by following the allocated recipe.

# Work or play?



**WHERE:** outdoor



**DURATION:** approx 2 hours.



**GENERAL INFO:** the “work or play” challenge encourages everyone to question themselves and compensate for each individual’s limitations and weaknesses, to improve interpersonal relationships, create a climate of mutual trust and increase motivation.

## THE TUG OF WAR

**WHERE AND WHEN:** outdoor, throughout the year, in case of poor weather conditions

**TRAINING OBJECTIVES:** to collaborate in order to achieve a common goal

**DEVELOPMENT:** the teams will try their hand at the classic tug of war challenge in a fantastic rural setting

## THE RELAY RACE WITH THE HAY BALE

**WHERE AND WHEN:** outdoor, during mild/warm seasons, and only in the eventuality of good weather

**TRAINING OBJECTIVES:** compensating for any shortcomings, improve interpersonal relationships by becoming part of a team, discovery of hidden skills

**DEVELOPMENT:** the teams, each in turn, have to complete an entire circuit of the barn with a wheelbarrow containing a bale of hay

## THE RELAY RACE WITH WATER BUCKETS

**WHERE AND WHEN:** outdoor, in the warm seasons, and only in the event of good weather

**TRAINING OBJECTIVES:** compensating for any shortcomings, to improve eventuality interpersonal relationships by feeling part of a team, discover hidden skills, employing problem-solving strategies

**DEVELOPMENT:** the teams, divided into pairs, are invited to carry two buckets of water using a wooden board until they have managed to fill the tub from which the young calves drink.

# Farmer's Challenge



**WHERE:** outdoor and indoor



**DURATION:** approx. 2,5 hours



**GENERAL INFO:** the farmer's challenge encourages you to become totally immersed in the day-to-day life on the farm, adopting winning strategies and compensating for everyone's limitations

## WOOD SAWING CHALLENGE

**WHERE AND WHEN:** outdoor, throughout the year, even in poor weather conditions

**TRAINING OBJECTIVES:** counterbalance limitations, management of allocated time, adopting winning strategies, delegation of roles, establishment of mutual trust

**DEVELOPMENT:** teams are invited to reduce a log of wood into a myriad of small pieces using a saw

## HAMMERING THE NAILS IN

**WHERE AND WHEN:** outdoor, throughout the year, even in poor weather conditions

**TRAINING OBJECTIVES:** adopting winning strategies, delegation of roles

**DEVELOPMENT:** teams are invited to hammer in as many nails as possible and in the most orderly fashion on a given wooden board

## CONSTRUCTING A SCARECROW TO PROTECT THE SEEDS IN THE VEGETABLE PLOT

**WHERE AND WHEN:** outdoor or indoor, throughout the year, even in poor weather conditions

**TRAINING OBJECTIVES:** to develop the creativity of the group and learn to manage the allotted time appropriately

**DEVELOPMENT:** teams are invited to create their very own scarecrow using the supplied materials (pieces of cloth, hay...) the most impressive scarecrow wins the day

## PRODUCTION OF AROMATIC SALT

**WHERE AND WHEN:** outdoor or indoor, throughout the year, even in poor weather conditions

**TRAINING OBJECTIVES:** combine resources in order to achieve a common goal

**DEVELOPMENT:** teams will be invited to collect aromatic leaves of herbs in the fields, then after shredding all, join them to the salt using a pestle.

# A farm full of surprises



**WHERE:** outdoor and indoor



**DURATION:** approx. 3 hours



**GENERAL INFO:** “farm surprises” will encourage you to overcome any fear of the unknown, improve problem-solving strategies and make full use of all five senses

## **SURPRISE TASTING...**

**WHERE AND WHEN:** outdoor, throughout the year, even in poor weather conditions

**TRAINING OBJECTIVES:** the use of personal knowledge in order to find solutions, collaborate and overcome fear of the unknown

**DEVELOPMENT:** teams will be invited to sample some “preparations” conjured up by our staff and to speculate on the ingredients (for this particular challenge it is vital to report any allergies and / or intolerances)..

## **THE MISSING EGG**

**WHERE AND WHEN:** outdoor, throughout the year, even in poor weather conditions

**TRAINING OBJECTIVES:** getting involved, increasing motivation

**DEVELOPMENT:** teams are invited to discover the whereabouts of the “missing egg” somewhere within a mountain of sawdust

## **THE PERCH IN THE HENHOUSE**

**WHERE AND WHEN:** outdoor, throughout the year, even in poor weather conditions

**TRAINING OBJECTIVES:** having fun, improving one’s balance, augmenting interpersonal awareness, establishing mutual trust

**DEVELOPMENT:** teams, balancing on a plank resting on the ground, must change their position as indicated by our staff

## **THE BOX OF THE SENSES**

**WHERE AND WHEN:** outdoor, throughout the year, even in poor weather conditions

**TRAINING OBJECTIVES:** overcoming fear of the unknown, reinforcing communication skills

**DEVELOPMENT:** teams are invited to guess the contents of the boxes, using the sense of smell but above all, touch

# Country artists for a day



**WHERE:** outdoor and indoor



**DURATION:** approx. 1,5 hours



**GENERAL INFO:** activities here allow the team to develop creativity and fantasy, defeat the embarrassment

## SINGING THE SONG

**WHERE AND WHEN:** indoor, all year round whatever the weather

**TRAINING OBJECTIVES:** having fun, using your imagination, delegating roles

**DEVELOPMENT:** teams are invited to produce a song on a farming theme and then sing it

## CREATE YOUR OWN LOGO

**WHERE AND WHEN:** indoor, all year round whatever the weather

**TRAINING OBJECTIVES:** having fun, using your imagination, delegating roles

**DEVELOPMENT:** teams are invited to adopt farm materials in order to create their company log

## PASTORAL THEATRE

**WHERE AND WHEN:** outdoor, throughout the year, even in poor weather conditions

**TRAINING OBJECTIVES:** use of available resources, delegation of roles

**DEVELOPMENT:** teams will have at their disposal articles of clothing and material and will be invited to create a short theatrical production lasting for around 10 minutes

# Treasure hunt



**WHERE:** outdoor



**DURATION:** approx. 1,5 hours



**GENERAL INFO:** treasure hunt allows the team to improve orienteering skills and coordination

## TREASURE HUNT

**WHERE AND WHEN:** outdoor, only in the eventuality of good weather

**TRAINING OBJECTIVES:** to improve orienteering skills, having fun

**DEVELOPMENT:** teams will be invited to try their hand at searching for treasure by following directions and clues they encounter along with their “treasure map”